

User regulations

for the natural high ropes course Altenhof and events of the company Hochseilgarten Altenhof (FördeAkademie)

1. the adventure and adventure area of the facility may only be used independently by persons with a body height of at least 110cm and a minimum age of 6 years (partial areas of the facility). From a height of 140cm the whole facility can be used (except the courses "very difficult", for this a minimum age of 13 years must be given). Children up to 8 years of age must be supervised by an accompanying person (from 14 years of age) on the grounds of the natural high ropes course. The different courses and their minimum sizes for users are signposted on site. The team area of the facility may only be used after registration and under the supervision of employees of the Natur-Hochseilgarten Altenhof or other appropriately trained professionals. Employees of the Nature High Ropes Course can be recognized by orange shirts with logo, white or orange rain jackets or orange helmets.

Children and young people up to 18 years of age may only use the facility with the written consent of a parent or guardian of full age.

3. the use of the natural high ropes course and the corresponding additional offers (box climbing, off-road games, etc.) as well as all other events with the Förde Akademie (raft building, GPS tour, BBQ, etc.) are associated with risks. The use of the complete facility and the corresponding additional offers and events is at your own risk and responsibility. If the company Hochseilgarten Altenhof is liable, the company Hochseilgarten Altenhof, employees or other auxiliary persons are not liable for damages other than those resulting from injury to life, body or health, unless the damage was caused by their intentional or grossly negligent behavior. The company Hochseilgarten Altenhof is not liable for damages caused by falling branches in the Altenhof forest area.

4. the participants of all events undertake not to be under the influence of alcohol, drugs, medication or other means that restrict the mental or physical condition, or to suffer from a physical or mental impairment that poses a risk to their own health and the health of other persons when using the natural high ropes course. Pregnant women are not allowed to climb in the natural high ropes course. Participants must not exceed a weight of 120kg. Note for people with pacemakers and implants: Our belay systems are equipped with strong magnets.

5. each participant must have read the posted user regulations and participated in a safety briefing before using the nature high ropes course. The instruction must have taken place no more than 1 year ago.

The facility may only be used during official opening hours. An employee of the company Hochseilgarten Altenhof must always be on site.

7. no participant is allowed to stay unsecured in the low and high ropes area. Participants in the adventure and adventure area must always be secured by at least one safety carabiner, which is connected to the safety harness (PPE) by a lanyard. Anyone who is unsecured in the facility may be excluded from participation in the Nature High Ropes Course. The entrance fee will not be refunded.

During the entire stay in the natural high ropes course and at events organized by the company Hochseilgarten Altenhof/FördeAkademie, all decisions and instructions of the employees of the company Hochseilgarten Altenhof must be followed. In case of violation, participants can be excluded from the use of the natural high ropes course and

the participation of the event. Claims for damages on our part can be asserted. The entrance fee will not be refunded. All visitors must behave carefully on the premises. 9.

9. only one participant is allowed on the elements between the platforms at a time (except for the team area). No more than two participants are allowed on the platforms.

10. only the safety equipment handed out by the company Hochseilgarten Altenhof (climbing harness, carabiners, etc.) may be used in the facility. The equipment may not be taken off or passed on independently during the use of the natural high ropes course. In case of damage or loss of equipment, compensation must be paid. No objects (cell phones, lighters, cameras, etc.) may be taken to the high ropes course. Hair must be tied up. Jewelry and anything that can get caught anywhere (large earrings, scarves, finger rings, etc.) must be removed or tucked into clothing. We are not liable for any damage caused by our clients to third parties.

11. in the area of the natural high ropes course only the marked, respectively already trodden paths are to be used.

12. smoking is strictly prohibited in the harness and on the premises of the natural high ropes course, except in the places provided for this purpose.

13. you have to take care of your wardrobe and things you brought with you. No liability will be accepted for loss, damage or theft.

Accidents, damage to the equipment and injuries must be reported to the staff immediately. 15.

15. the company Hochseilgarten Altenhof reserves the right to stop the operation/event completely or temporarily for safety reasons (fire, storm, accident etc.). Also individual courses are partially closed (maintenance, staff shortage, etc.). In this case there will be no refund or reduction of the entrance fee or the paid event costs.

In the case of groups, the respective group leader is responsible for ensuring that the members of the group comply with the user regulations.

We recommend that people with a fear of heights, circulatory problems, epilepsy, people who have recently undergone surgery and people with injuries/restrictions of the musculoskeletal system and the spine, pregnant women and other limiting illnesses obtain the consent of a doctor/legal guardian/caregiver before participating in our offers.

The invalidity of individual points of the user regulations does not result in the invalidity of the entire user regulations. The parties (Hochseilgarten Altenhof/participants) undertake to replace the invalid clause with one that comes as close as possible to the meaning and purpose of the invalid clause.

19 Jurisdiction, Applicable Law. The place of jurisdiction is Kiel. The law of the Federal Republic of Germany shall apply.

Company High Ropes Course Altenhof (Owner Henning Rohweder)

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Status: September 2020

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